

# Medications Used In Pregnancy and Breast feeding

## Nausea/Vomiting

Benadryl  
Dramamine  
Emetrol  
Pyridoxine(vitaminB6)  
Doxykamine  
Ginger  
Phenergan  
Zofran  
Diclegis  
Reglan  
Bongesta

## Heartburn/Gas

Nexium  
Maalox  
Mylantan  
Mylicon  
Gas-X  
Rolaids  
Tums  
Prevacid  
Gaviscon  
Pepcid  
Prilosec

## Cold/Flu & Allergies

Tylenol  
Sudafed  
Actifed  
Chlortrimeton  
Robitussin  
Claritin  
Normal Saline  
Z-Pack(azithromycin)  
Afrin(only 3 days)  
Mucinex  
Tamiflu(24-72hrs exposed)  
Benadryl  
Zyrtec  
Singulair  
Xyzal  
Flonase

## Asthma

Albuterol  
Singular

## Diarrhea

Immodium AD  
Kaopectate

## Headache/Pain/Fever

Tylenol  
Lortab  
Icy Hot Cream

## Yeast Infection

Monistat(insert only ½ in  
vagina)  
Terazol

## Hemorrhoids

Analpram  
Proctofoam  
Anamantle  
Preperation H  
Tucks Pads  
Anusol HC

## Constipation

Milk of Magnesia  
Colace  
Metamucil  
Surfak  
MiroLax  
Kristalose

## Cold Sores/Gental Herpes

Zovirax Cream/Ointment  
Denavir Cream  
Abreva  
Valtrex

## Iron Supplement

Ferrous Sulfa 325mg  
Slo Fe 50mg  
Feosol 45mg  
Any iron over the counter

## Bacterial Vaginosis

Metrogel(after 1<sup>st</sup> Trimester)  
Flagyl  
Tindamax

## Acne

Cleocin T-Gel  
Benzoyl Peroxide(Clearasil)  
Acayna

## Bladder Infections

Macrobid  
Amoxicillin  
Clyndamycin(if PCN allergic)  
AZO  
Keflex  
Dicloxacillin  
Ampicillin  
Augmentin

## Pink Eye

Gentamicin Ophthalmic

## Head Lice

Topical Liquid

## Sleep Aids

Unisom  
Tylenol PM  
Dramamine  
Benadryl